



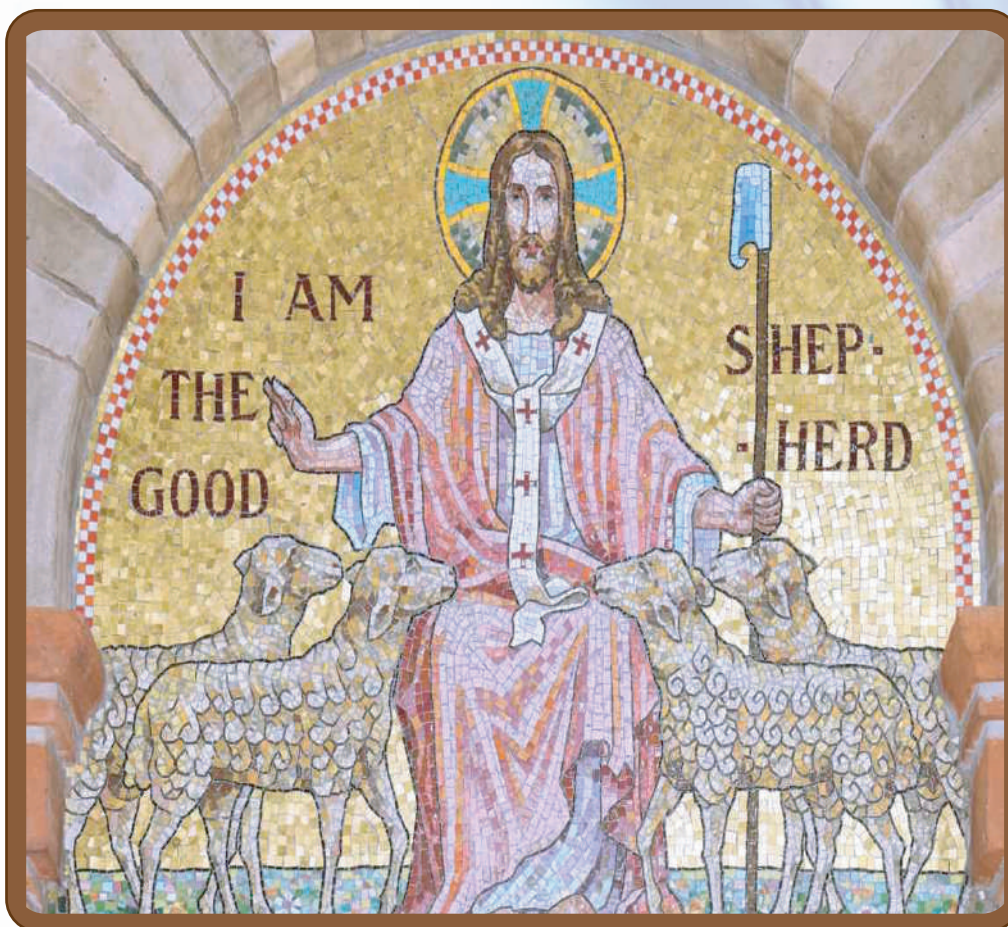
# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



## Thoughts of Fr Francis Jordan

Oh yes, fight and struggle steadfastly and insistently. And when clouds and bitter hours and days close in, fall on your knees and look up to heaven.



## Family Vocation Prayer

Loving God, each member of our family is a special gift from You. You have given each of us gifts and talents so that we may enjoy life, but also so we can share with others.

Generous and loving people are needed for service and leadership in our Church. Help us to know how to encourage and support each other so that we can respond generously to this need.

We know that You will be with us, invite us to become the kind of people You desire us to be.

Help us to trust in You and in each other.

Amen.

Continue to practise good hygiene. ***Please use the hand sanitisers provided in both of our Churches.***



**POPE FRANCIS' PRAYER INTENTION FOR APRIL**  
**For Culture of Peace and Non-Violence**  
We pray for the spread of peace and non-violence, by decreasing the use of weapons by states and citizens

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish Sacred Heart Church and Maria Regina Church

  
You can find us on **Instagram** (pittwater\_parish)

If you have used this bulletin, please take it home with you.

 Like us on **Facebook**  
**Parish of Pittwater**

## MASS TIMES

### SACRED HEART CHURCH 1 Keenan Street, Mona Vale

**Weekday Masses**  
Tuesday 8.30am

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am*

**Wednesday 9.30am**

**Thursday 7pm**

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm*

**Friday 9.30am**

*First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am*

**Weekend Masses**

**Saturday Vigil 5.00pm**

**Sunday 8.00am • 10.00am • 6.00pm (SOUL)**

**Reconciliation**

4.00pm to 4.30pm Saturday

**Baptism**

4th Sunday - 11.30am

### MARIA REGINA CHURCH 7 Central Road, Avalon

**Weekday Masses**

Monday 8am

Wednesday 8am

Thursday 10am

*9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am*

Friday 8am

**Mass with Anointing of the Sick - First Friday of the Month at 8am**

**Weekend Masses**

**Saturday Vigil 6.00pm**

**Sunday 9.00am**

**Reconciliation**

Before Vigil Mass on Saturday

**Baptism**

3rd Sunday - 11.00am

We Pray *for*

## Deceased Anniversary *Jela Vozzo*

### Prayers for the Sick

Anna Smigowska  
Sarah Zofrea  
Guy Zofrea  
Avelino Samartin  
Bill O'Connor  
Jeff Langley  
Mark Lindfiels  
Nick Moullakis  
Bill Eyre  
Brian Gregan  
Jim Hammond  
Marcia Bailey  
Bec Burroughs  
Susan Hickey  
Sophia Burfitt  
Margaret De Landre  
Maeve Robinsonn  
Jenny Carroll  
Matt Ukishima  
Pietrina Maiorana  
Mina Lee  
Denise Wagner  
Tom Murphy  
Leonie Ariemetto  
John Graham

## Liturgy for the Week

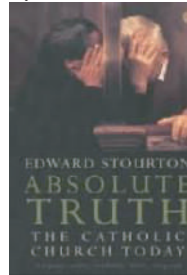
- 01/05 Monday, 4th week of Easter  
Acts 11:1-18; Jn 10:11-18
- 02/05 Tuesday, 4th week of Easter  
Acts 11:19-26; Jn 10:22-30
- 03/05 Wednesday, Sts Philip & James  
1 Cor 15:1-8; Jn 14:6-14
- 04/05 Thursday, 4th week of Easter  
Acts 13:13-25; Jn 13:16-20
- 05/05 Friday, 4th week of Easter  
Acts 13:26-33; Jn 14:1-6
- 06/05 Saturday, 4th week of Easter  
Acts 13:44-52; Jn 14:7-14

## BOOK REVIEW

### Absolute Truth

The Catholic Church in the World Today

by: Edward Stourton



It chronicles four decades of reforms within an institution that has existed for over two thousand years.

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Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.



**Maria Regina**  
Catholic Primary School Avalon

# OPEN DAYS 2023

Tuesday 14 March - 9am - 10.30am  
Wednesday 14 June - 9am - 10.30am

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## Going through the Gate

### **Jesus Is the Gate:**

We all want to be happy. There is no one on the face of the planet who would consciously choose to be frustrated and miserable. Yet how is it that so many people unconsciously choose to be, or are missing the boat on what really makes life worthwhile? Jesus is the gate! If we truly want to fulfill our deepest human aspirations, we have to know and love Jesus Christ. As long as Jesus is second to anything or anyone in our life, we have not fully passed through the gate. Taking the plunge and truly passing through the gate is the best decision we could ever make.

### **The Voice of Strangers:**

If we don't go through the gate, we are vulnerable. Those who are not fully committed may find the offers of strangers quite enticing. But Christ's sheep reject those voices out of fidelity to their Shepherd. Perseverance in our Catholic faith and our Catholic lifestyle requires a constant effort to refocus on the Lord. Even if we are besieged by a cacophony of competing voices, the voice of the Lord will always rise above that din. We must be faithful. Our prayer life is the privileged place to screen out the noise and truly hear Christ, which is why our prayer is the most important time of the day. How vibrant is my prayer life?

### **Abundant Life:**

The effort to go through the gate and to listen only to the voice of the Good Shepherd pays abundant dividends. "I came so that they might have life and have it more abundantly." What is that life like? Put simply, there's nothing like it. The abundant life that Christ gives us is the indwelling presence of the Holy Trinity in one's soul. It is the love that envelops authentically Christian homes and communities. It is the peace that comes from a conscience that has experienced forgiveness and is committed to living in the truth. What could anyone give us that can possibly compare to all of this?

### **Conversation with Christ:**

Lord Jesus, I thank you for this time we have spent together. Many times I have allowed other voices to distract me from yours. I pledge to walk the path of fidelity to you. Grant me the grace to persevere always and to give others an example to help them through the gate.

### **Resolution:**

I will reach out to a relative who is estranged from the Church, reflecting some of the love of Christ the Good Shepherd with hopes it will direct him or her to the gate

By: Father Steven Reilly, LC./Catholic.net

## Sacrament of Confirmation

Saturday, 17 June 2023  
at 6pm at Maria Regina Church  
Sunday, 18 June 2023  
at 10am and 12noon  
at Sacred Heart Church

Children in Year 3 and above are eligible to receive the Sacrament of Confirmation if they have been baptised. For more information about the preparation program, enrolments, etc. you **MUST** attend ONE parent information session which will take place at **7:30pm:**

Wednesday 3 May  
Sacred Heart Church and  
Thursday 4 May  
Maria Regina Church

If you have any questions, or would like to become a facilitator of your child's preparation group please contact Sonia at

[sacraments@pittwaterparish.org](mailto:sacraments@pittwaterparish.org)

**We need the help of parents to facilitate the preparation groups.**

## Welcome to Pittwater Parish

**Adeline Frances Montoya  
Eloise Margot Hillsley  
Oni Delilah Greenwood**

at

**Sacred Heart Church  
Mona Vale**

and

**Billy Watson Windon**  
at  
**Maria Regina Church  
Avalon**

*on the  
23rd of April 2023*

for the  
**Sacrament of  
Baptism**

# Parish Directory

## **Pittwater Parish**

1 Keenan Street Mona Vale  
NSW 2103  
Tel 9157 0999

### **Parish Priest**

*Fr Richard Sadowski SDS*

Tel 9157 0999 ext 10  
pp@pittwaterparish.org

### **Assistant Priest**

*Fr Zygmunt Smigowski SDS*

Tel 9157 0999 ext 12  
ap@pittwaterparish.org

### **Director of Music**

*Josh Willard*

Tel 9157 0999 ext 17  
music@pittwaterparish.org

### **Media & Communications**

#### **Coordinator**

*Conille Felias*

Tel 9157 0999 ext 31  
media@pittwaterparish.org

### **Sacramental Coordinator**

*Sonia Samartin*

Tel 9157 0999 ext 13  
sacraments@pittwaterparish.org

### **CCD Catechist Coordinators**

*Maureen Wooldridge*

Mobile 0421 907 469

*Veronica Thomas*

Mobile 0417 061 534

### **Parish Office Hours**

**Monday to Thursday**

**9.00 am to 4.00 pm**

**Friday**

**9.00 am to 12.00 pm**

### **Sacred Heart Church**

1 Keenan Street Mona Vale

### **Maria Regina Church**

7 Central Road Avalon

### **MONA VALE**

#### **Sacred Heart School**

Tel 8197 6900

**Principal: Mr Jamie Wahab**

### **AVALON**

#### **Maria Regina School**

Tel 9918 2608

**Principal: Miss Kirsty Thorpe**

### **WARRIEWOOD**

#### **Mater Maria Catholic College**

Tel 9997 7044

**Principal: Mr Marc Reicher**

# Diocesan Pastoral Discernment Project Facilitator

(looking for the ideal candidate)

As part of the 35th anniversary of the Diocese of Broken Bay, in August 2021, Bishop Anthony Randazzo invited the Diocesan region of the Central Coast to participate in a project of pastoral discernment. The Central Coast region was identified as the first of the three geographic regions to undertake this project which was undertaken in 2022. As part of this discernment, now completed for the Central Coast and envisaged for the Northern Beaches and North Shore of the Diocese, of paramount importance is to recognise the each of the local region's particular pastoral circumstances, opportunities, and challenges.

The process of pastoral discernment envisages a sustained and prayerful study of the various factors which give our three geographic regions (Central Coast, Northern Beaches and North Shore) its unique character. The aim of this initiative is to renew the life of the Church in each of these regions of the Diocese, ensuring a sustainable and thriving ecclesial community.

You may be aware that in December 2022 the Central Coast pastoral discernment was completed with the Final Report and Executive Summary publicly available. Having considered the findings of the Central Coast project, Bishop Anthony has appointed a Task Group to consider the Central Coast Report and to make recommendations to him with respect to the implementation of the findings of the Report. The work of the Task Group will be undertaken throughout 2023.

Concurrently to discerning the recommendations of the Central Coast Pastoral Discernment Project, the Diocese is now also turning its focus to implementing the discernment project and process for the Northern Beaches region.

In respect of both the work of the Central Coast Implementation Task Group and launching the discernment project for the Northern Beaches region, we are recruiting for a Diocesan Pastoral Discernment Project Facilitator.

The appointment of the **Diocesan Pastoral Discernment Project Facilitator** will:

1. act as an **Executive Officer**, assisting the newly appointed **Pastoral Discernment Central Coast Implementation Task Group** in the formulation and implementation of the recommendations from the Central Coast Discernment Project; and
2. coordinate and facilitate strategic planning in preparation for the **Northern Beaches Pastoral Discernment Project**.

This is a **full-time position** for a **maximum term of two years**.

The role requires a candidate with tertiary qualifications in theology, ministry, social science or a related discipline, supported by at least five years in pastoral planning and/or project management in a Church context and experience in planning of evangelisation practices in diocesan and parish contexts. You will have an understanding that this is integral to ministry in a Catholic setting and experience working in close collaboration with parishes and agencies of the Catholic Church, notably clergy and community consultation and the facilitation of large and small groups. Your proven record in project-based research and business case methodology will speak to your high-level organisational skills and the ability to collate and distil large volumes of complex information.

With consideration of the unique characteristics of the Northern Beaches region it is important that the successful candidate has a strong familiarity, identification or presence from within the northern beaches area.

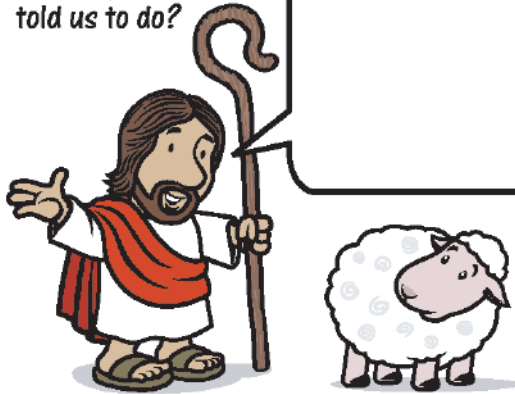
For more information please contact [recruitment@bbcatholic.org.au](mailto:recruitment@bbcatholic.org.au) for an Information Pack including for details on how to apply.

**Applications close Thursday, 18 May 2023**

# I am the gate for the sheep

4th Sunday of Easter, Year A

Jesus is our good shepherd and we know that we must follow him. What are some of the things our shepherd has told us to do?

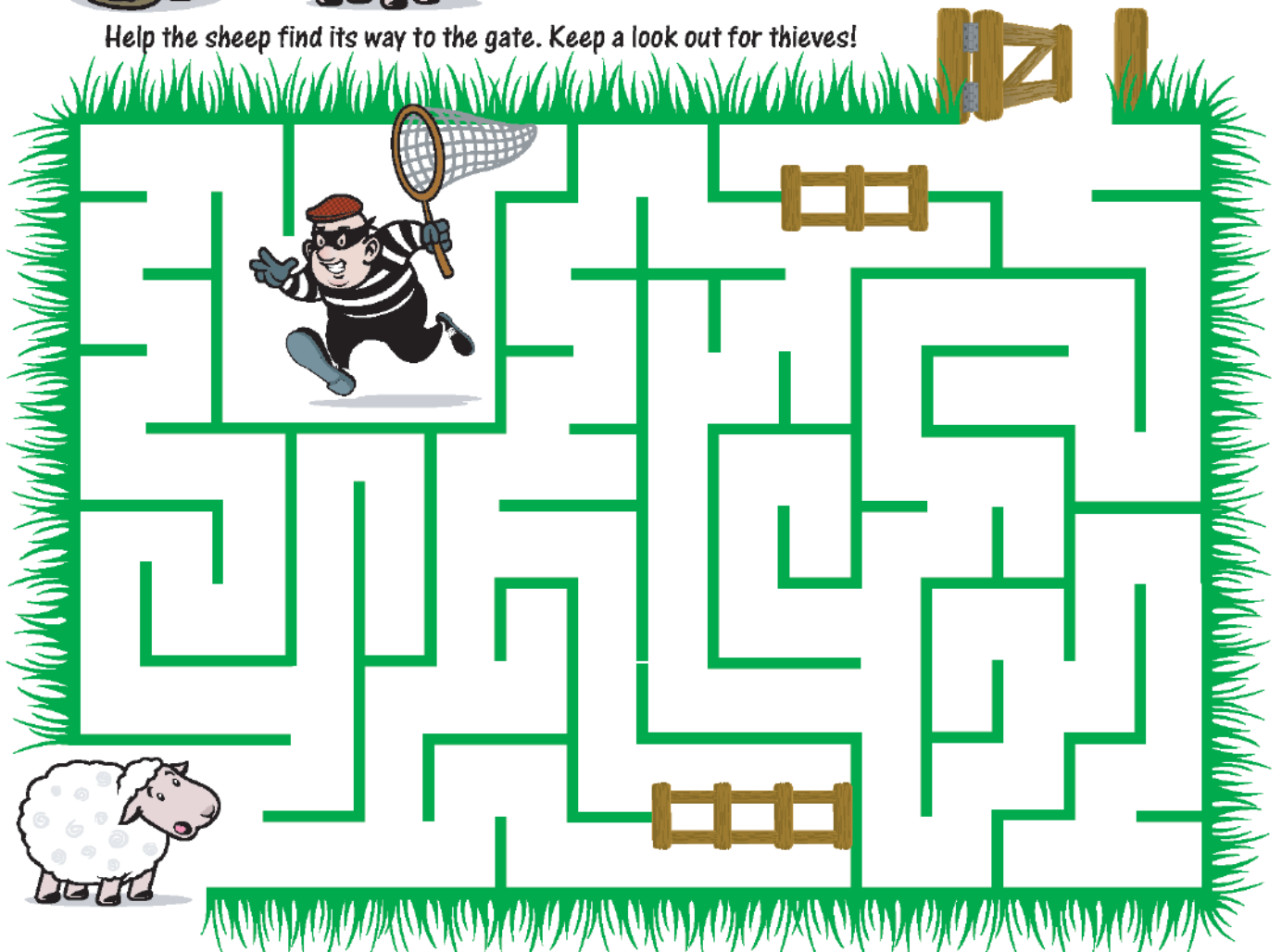


A thief has stolen some letters from the passage of text below. Use these letters to discover something that Jesus said to his disciples.



"I \_ \_ T \_ \_ GAT \_  
 FOR T \_ \_ \_ \_ \_ P \_  
 \_ LL W \_ O CO \_ \_ IN  
 T \_ ROUG \_ \_ \_ WILL  
 B \_ \_ \_ V \_ D ."

Help the sheep find its way to the gate. Keep a look out for thieves!



# The *Living* Word

**Entrance Antiphon** Cf. Ps 32:5-6

The merciful love of the Lord fills the earth; by the word of the Lord the heavens were made, alleluia.

**First Reading** Acts 2:14. 36-41

**A reading from the Acts of the Apostles**  
*God has made Jesus both Lord and Christ.*

On the day of Pentecost Peter stood up with the Eleven and addressed the crowd with a loud voice: 'The whole House of Israel can be certain that God has made this Jesus whom you crucified both Lord and Christ.'

Hearing this, they were cut to the heart and said to Peter and the apostles, 'What must we do, brothers?' 'You must repent,' Peter answered 'and every one of you must be baptised in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit. The promise that was made is for you and your children, and for all those who are far away, for all those whom the Lord our God will call to himself.' He spoke to them for a long time using many arguments, and he urged them, 'Save yourselves from this perverse generation.' They were convinced by his arguments, and they accepted what he said and were baptised. That very day about three thousand were added to their number.

**The word of the Lord**

**Responsorial Psalm** Ps 22:1-6. R. v.1

**(R.) The Lord is my shepherd; there is nothing I shall want.**

The Lord is my shepherd; there is nothing I shall want. Fresh and green are the pastures where he gives me repose. Near restful waters he leads me, to revive my drooping spirit. **(R)**

He guides me along the right path; he is true to his name. If I should walk in the valley of darkness no evil would I fear. You are there with your crook and your staff; with these you give me comfort. **(R)**

You have prepared a banquet for me in the sight of my foes. My head you have anointed with oil; my cup is overflowing. **(R)**

Surely goodness and kindness shall follow me all the days of my life. In the Lord's own house shall I dwell for ever and ever. **(R.)**

**Second Reading** 1 Pt 2:20-25

**A reading from the first letter of St Peter**

*You had gone astray but now you have come back to the shepherd and guardian of your souls.*

The merit, in the sight of God, is in

bearing punishment patiently when you are punished after doing your duty. This, in fact, is what you were called to do, because Christ suffered for you and left an example for you to follow the way he took. He had not done anything wrong, and there had been no perjury in his mouth. He was insulted and did not retaliate with insults; when he was tortured he made no threats but he put his trust in the righteous judge. He was bearing our faults in his own body on the cross, so that we might die to our faults and live for holiness; through his wounds you have been healed. You had gone astray like sheep but now you have come back to the shepherd and guardian of your souls.

**The word of the Lord.**

**Gospel Acclamation** Jn 10:14  
Alleluia, alleluia!  
I am the good shepherd, says the Lord;  
I know my sheep, and mine know me.  
Alleluia!

**Gospel** Jn 10:1-10

**A reading from the holy Gospel according to John**

*I am the gate of the sheepfold.*

Jesus said: 'I tell you most solemnly, anyone who does not enter the sheepfold through the gate, but gets in some other way is a thief and a brigand. The one who enters through the gate is the shepherd of the flock; the gatekeeper lets him in, the sheep hear his voice, one by one he calls his own sheep and leads them out. When he has brought out his flock, he goes ahead of them, and the sheep follow because they know his voice. They never follow a stranger but run away from him: they do not recognise the voice of strangers.'

Jesus told them this parable but they failed to understand what he meant by telling it to them.  
So Jesus spoke to them again:  
'I tell you most solemnly,  
I am the gate of the sheepfold.  
All others who have come  
are thieves and brigands;  
but the sheep took no notice of them.  
I am the gate.  
Anyone who enters through me will be safe:  
he will go freely in and out  
and be sure of finding pasture.  
The thief comes  
only to steal and kill and destroy.  
I have come  
so that they may have life  
and have it to the full.'

**The Gospel of the Lord**

**Communion Antiphon** Lk 24:35

The Good Shepherd has risen, who laid down his life for his sheep and willingly died for his flock, alleluia.

**REFLECTION**

*by Dianne Bergant CSA*

*This is 'Good Shepherd Sunday' and a particular focus taken today is leadership. Which voices do we follow? Why do we follow these voices and not others? Authentic leadership is rooted in authority, and authentic authority is the ability to author or bring life to birth. Genuine authority cherishes, guards and encourages the best in life; it provides rest and refreshment; it guides our steps; it nourishes us; it leads us to God. Peter is an example of authentic authority: he proclaims the truth, even if others find it hard to hear; he denounces error, even when this places him in jeopardy; he calls for a change of heart, even when it makes great demands. Authentic leadership is patterned after the leadership of Jesus. It is gentle and familiar, like the true shepherd; it has won the confidence of those who follow, as did the true shepherd; it is committed to the enhancement of the lives of others, as was Jesus. Authentic leadership is willing to forgo its own needs and to deny its own interests in favour of the needs and interests of others. Heavy demands are placed on those who follow authentic leadership. Those who follow the Good Shepherd must follow him in the dark valleys as well as to the refreshing streams. They must be willing to relinquish some of their own plans and self-determination and entrust themselves to his leadership. They must never forget that they are following a shepherd who has paid the ultimate price on their behalf.*

© Dianne Bergant CSA

## Our Lady of the Rosary Roster Update

To everyone on the roster of Our Lady of the Rosary.

Kindly confirm if you still wish to remain on the roster.

All parishioners are most welcome to join the group.

The Statue of our Lady is usually dropped off to the Next Person on the list on a Sunday or left at one of the Churches for pick-up.

**Please note:** It will now be 2 weeks with our Lady's Statue. For those who are interested, please provide your details and text or email

**Suzanne De Landre 0438 135 030**  
[sdelandre@hotmail.com](mailto:sdelandre@hotmail.com)

Kindly put **Our Lady's Statue as Reference.**

Please confirm by **15 May 2023**  
**Our Lady of the Rosary Statue is truly a Blessing in your home.**

**Thank you & God Bless Always,**  
**Suzanne**

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